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| DAY | LUNCH | SUPPER |
| Monday | Chicken Sandwich | Chili Cheese Potato |
| Tuesday | Toasted Peanut Butter and Banana Sandwich | Sweet and Sour ChickenRiceSteamed VegetablesEgg Rolls |
| Wednesday | Leftovers | Tuna CasseroleGarden Salad |
| Thursday | Egg Salad Sandwich | Cauliflower and Chicken Nachos |
| Friday | Chicken Noodle Soup | Homemade Pizza |
| Saturday | Apple Pancake Skillet | Swiss Steak SupremeMashed PotatoGarden Salad |
| Sunday | Asparagus and Tomato Frittata with Toast | LasagnaCaesar SaladGarlic Bread |